



WINTER BREAK COSTA RICA

7 DAY TRIP

INCLUDES:

- 6 nights of lodging which will include Airbnb, hotel, and other Costa Rica-style accommodations.
- Ground Transportation upon arriving in Costa Rica.
- Meals: Day 1 dinner - Day 7 breakfast
- Customized adventure activities (surfing, rafting, ziplines, and canyoneering).
- Professional BWE guide to support and facilitate the experience.

NOT INCLUDED:

- Meals during travel on Day 1 and 7.
- Souvenirs, personal wants, and desires during the trip, costs associated with travel interruptions (we suggest travel insurance)

ACTIVITIES :

- 2 days of Rafting on the Pacuare River
- Zipline and Tarzan Swing through the jungle
- Canyoneering and Rappelling in waterfalls
- Exposure to culture and the Pura Vida life



Itinerary

Day 1: TRAVEL DAY: Fly into San Jose, Costa Rica. Your guide will be there to greet you. When everyone arrives we will head to the Turrialba Valley for our first night. Our hosts will provide us with a traditional fiesta welcoming us to their home.

Day 2: Let's play in some canyons with waterfalls today! Rappelling and canyoneering will be our first adventure. We will get harnesses on and roped up for a day of exploration.

Day 3: Pack your bags and hop on the raft! We are rafting to an eco lodge nestled in the jungle. After the adrenaline rush of the day and the scenic views, we will settle into our rooms. Dinner will be provided by our hosts.

Day 4: Heading out for more adventure we will do a zipline course through the jungle which includes a tarzan swing. After lunch we will hike to a waterfall to spend the afternoon lounging in the jungle before heading back to our room for the evening.

Day 5: It's time to leave our lodge and get back in the raft. We will hit more class 3 and 4 rapids as we paddle our way through the rain forest. When we are finished we will make our way back to the caribbean coast for a night.

Day 6: This is our beach day. Stand up paddle board, sit on the beach, a nature walk and more. After lunch we will make our way back to San Jose to bring in the new year and get ready for traveling home.

Day 7: Travel day back home.

* This is a tentative schedule. Customized changes can and will be made based on the interests of the participants joining the trip.

